

JPS Health Network Discharge Management Project 126675104.2.7

[Said patient] is a smart, easy going, funny, wonderful, and overall great [person]. Talk to [said patient] and you will find a normal 2X year old young that is ambitious, responsible, and comes from a happy and supportive family. It is hard to believe that between the months of September 2013 and January 2014 [said patient] had 3 Psychiatric Emergency Center admissions, 2 Trinity Springs Pavilion Admissions/Readmissions, a Long Term Commitment Alternative admission at Trinity Springs, and incarceration at Tarrant County Jail.

In those four months [said patient] struggled with [their] mental illness, behaviors, coping, medication adherence, medical compliance, and legal issues. To make matters worse, [said patient] 's mother that had been in remission was diagnosed again with cancer.

[Said patient] had to move in with [their] grandmother. She and [said patient] 's mother were at a standstill of what to do with [said patient] . The situation seemed hopeless. Because of the new Discharge Management program, [said patient] started receiving case management services from a transition coordinator. The transition coordinator was able to work with [said patient] and [their] family to notice patterns of behavior/s, symptoms, and mood while encouraging and educating the family on the importance of medication adherence and medical compliance. [Said patient] and [their] family learned about [their] illness and the treatment options for it, practiced patience, and put a recovery plan together.

I [JPS Employee] am extremely honored and proud to report that [said patient] is successful in [their] recovery. [Said patient] is now medically compliant with psychiatric services, adherent to medications, and practicing coping skills. [Said patient] is active in attending outpatient behavioral health recovery groups provided by the Discharge Management program, and receives case management services through a partnering agency. [Said patient] has not been readmitted to Trinity Springs Pavilion since January 9, 2014. This was and will continue to be hard work for [said patient], [their] family, community, and [their] support team, but [said patient] has the tools, education, and resources for [their] recovery. If that isn't enough, [said patient] is also now employed for the first time in almost 2 years and thinking about a future that seemed so unobtainable just only months ago.