

To Whom It May Concern:

I really don't know who to send this too, but I feel the need to express my deepest thanks to the PDR team, and I wish to see their efforts go recognized. It was approximately [REDACTED] ago that I first started my groups and the change in me that [REDACTED] have helped bring forth is so wonderfully amazing. They have changed my life for the better.

First let me tell you something about [REDACTED] is quiet and demure but has the tenacity of a bull dog. Once she started a task, I could always count on it being done. She was unflappable and yet empathetic in doing her job. She always came through no matter what.

[REDACTED] possesses such a knowledge of medicine that is truly amazing. She is so dedicated to her patients and to her profession. She inspired me to truly understand WHY taking my medication was important. And WHAT the consequences would be if I didn't and what I could expect when I did. Every group was informative. I learned something new each group. Plus [REDACTED] has a sense of humor that belies her intelligence. Simply put: She cracks me up.

Speaking of cracking me up, there is [REDACTED]. He could make the Grinch smile and laugh. I know because there was a day that I felt down and blue and wanted to give up. I told [REDACTED] what was going on with me and he took the time to help my spirits for they were down and depressed. After talking with him they were buoyed and uplifted. He's a valuable asset to have.

If [REDACTED] is a bulldog, then [REDACTED] is a Rotweiler. Her tenacity and drive encouraged me to get out there and succeed. Without her pushing me to better myself I doubt I would have done as well as I have. She showed me that the only thing that can limit me is me! (A lesson I'll never forget.)

And let me not forget to mention [REDACTED]. [REDACTED] made each morning pleasant. Not only that, but if I needed something researched, [REDACTED] was on it. She made me feel special because I only had to ask her one time and it was done. I really appreciated that.

I really appreciate the whole team and that's why I'm writing this letter. I hate to leave, but your employees did their jobs only too well. I'm stable on my medication, in a few days I'll celebrate ninety days of continuous sobriety, and I'll begin working at TWO jobs. All that because of your and my team. I'd recommend this to anybody who qualifies and who wants to change themselves for the better.

So to close I will borrow a phrase that was taught to me here at PDR:

If you need anything within reason what do you do? Just holla!!

Sincerely

[REDACTED]

To the staff at PDR [REDACTED] would like to express my gratitude to each an every one of you. Coming in being a part of great program an leaving knowing that there are people who love and are willing to help others such as my self is appreciated dearly. With your resources your time and help I was able to get housing, a job , and health managing ,an coping skills that I desperately needed.

Not only those things but the little things a laugh an encouraging word ,but most importantly the feeling that I matter an know I have a great group of people that I will not forget and this is the beginning .

THANK -YOU ALL

SINCERELY ; [REDACTED]

[REDACTED]

To WHOM IT MAY CONCERN,
THANK YOU FOR IMPLEMENTING THE
"PSYCH DAY REHAB AS PART OF YOUR
OUTPATIENT SERVICES. I HAVE FOUND
IT TO BE AN EXTREMELY HELPFUL AND
OUTSTANDING PROGRAM,

AFTER LEAVING TRINITY THE LAST TIME
I WAS QUITE UNSURE OF MYSELF AS
WELL AS HOW THINGS WERE ABOUT TO
UNFOLD. UPON LEAVING TRINITY SPRINGS
YOU HAD ME TAXIED OVER TO THE DOOR-
STEP OF THE PSYCH DAY REHAB. AFTER
MEETING THE TEAM I IMMEDIATELY FELT
MORE REASSURED AND AT EASE.

JENNIFER ME MAKE A TRANSITION
INTO U.G.M. QUICKLY AND SMOOTHLY,
FAR BEYOND ANY EXPECTATION I COULD
HAVE HAD. IN FACT, WITH HER HELP, I
BECAME A RESIDENT THERE IN 2 DAYS.
AS THE PROGRAM PROGRESSED SHE LEAD
VERY USEFUL GROUPS IN RELAPES PREVENTION,
MENTAL HEALTH ISSUES AS WELL AS
SOCIAL GROWTH.

SHAY AND MARICELA ARE BOTH INVALUABLE
SOURCES OF INFORMATION IN THEIR OWN
ASPECTS. IF YOU NEEDED A DOCTOR,
DENTIST, A TELEPHONE, BUS ROUTE, LOCATION
OR ANY SUCH RESOURCE, SHE HAD YOU
COVERED IMMEDIATELY WITH THE ANSWER
AS WELL AS AN INFECTIOUS SMILE.

MARICELA TOOK OCCUPATIONAL PROBLEMS STRAIGHT AWAY WITH DIRECT ANSWERS. SHE ALSO WORK WITH US ON RESUME BUILDING AND INTERVIEW PREPARATION. A VERY SWEET & PATIENT PERSON WHOM I FOUND TO BE AN INSPIRATION BEYOND DESCRIPTION.

KERRY IS ENERGY SQUARED. ALWAYS UPBEAT HE KEEPS EVERYONE LIVELY. MORE IMPORTANTLY HE LISTENS TO YOUR GOALS AND KEEPS YOU ON TRACK. THIS GUY LISTENS & REMEMBERS THE THINGS YOU SAY, HE LOOKS INTO WHO YOU ARE. AND THEN WITH MUCH WISDOM, SHARE THESE OBSERVATIONS WITH YOU. ANYONE WOULD BE AS WISE TO LISTEN. I HOPE EVERYONE HEARS WHAT HE'S HAS TO SAY IN THE SAME CONTEXT I DID.

LAST BUT HARDLY LEAST THERE WAS NURSE OLAYINKA. SHE HAS A VAST KNOWLEDGE OF MANY THINGS. AS WELL AS THE CAUSE & EFFECT THE HUMAN BODY HAS UPON ITSELF, THE EFFECTS OF DRUGS INGESTED, AND MEDICATIONS TAKEN. HER TEACHING METHODS ARE FLAWLESS AS THEY ARE EXTREMELY WELL THOUGHT OUT, PLANNED, AND DELIVERED. SHE HAS MY VOTE FOR "PRESIDENT OF THE WORD" AS SHE IS EASILY ONE OF THE SMARTEST PEOPLE I HAVE EVER MET.

MANY, MANY THANKS TO THIS TEAM
AS THEY HAVE ENLIGHTENED, EDUCATED
AND TOUCHED MY HEART BEYOND
PROFESSIONALISM.

THANK YOU AGAIN FOR MAKING THIS
PROGRAM AVAILABLE AND THE REMARKABLE
TEAM YOU ASSEMBLED TO GUIDE IT ALONG.

SINCERELY

